GURU HARKRISHAN PUBLIC SCHOOL KAROL BAGH SESSION (2025-26) Holidays Homework CLASS – 7

As part of our effort to encourage a balanced and meaningful Holidays

You are requested to do the following activities in Summer Holidays "Holiday Activities"

1. Balance your study time with fun and fitness. Go for a walk, play outside, or do simple exercises.

2. Take a metro ride and visit a museum. Keep your ticket stub—you can earn bonus points by showing it to your teacher!

3. Keep a bowl of clean water and some food outside for birds and stray animals.

4. Lend a hand with chores. Surprise your parents with a simple no-flame recipe!

5. Talk to your grandparents, share your holiday fun, and listen to their amazing stories.

6. Plant a seed and take care of it every day. Watch it grow with love and care!

7. Build your awareness of current affairs. Note down new words and their meanings to improve your vocabulary.

8. Maintain a holiday journal—write about your experiences, thoughts, or reflections at least once a week. **SUBJECT - ENGLISH**

Week 1: Creative Expression through Media

Pen and Perspective

• Write a travel journal documenting a real or imaginary trip.

Read, Watch, Review

• Watch the short motivational animated film "Hair Love":

https://www.youtube.com/watch?v=kNw8V_Fkw28. Write a short paragraph on:

- What is the main message of the story?
- How did the characters show love and perseverance?
- What lesson did you learn from the film?

Week 2: Book and Screen Time

- Read the short story "The Blue Umbrella" by Ruskin Bond and write a review: <u>https://www.ssgopalganj.in/online/E-</u> Books/CLASS%20VII/The%20Blue%20Umbrella%20by%20Ruskin%20Bond.pdf
- Task: Imagine it will be made into a movie. Design a movie poster for it!
- Include a title and cast 2-3 actors!

Week 3: Exploring Our Pairing State – Sikkim

- Unity in Diversity
- State Your Art
 - Narrate or write a folk tale or legend from Sikkim.

Week 4: Academic Enrichment

• Flash Card Vocabulary Task

- Create flash cards for the following 15 words: serene, vivid, embark, meander, glimpse, dazzle, obscure, luminous, pristine, marvel, venture, solitary, bountiful, murmur, radiate.
- For each word, write:
 - Meaning
 - Synonyms
 - Antonyms
 - Common preposition used with it (if any)
 - An example sentence

Week 5: Hands-on Activities

• Creative Collage: Make a landscape painting or collage using discarded material.

Week 6: Writing Practice and Revision

- Informal Letter: To a friend about summer experiences.
- Diary Entry: "The Best Day of My Summer Holidays."
- Revision: Complete the worksheet.

Complete this work neatly in your notebook. **Worksheet**

Exercise 1: Identify the Type of Sentence

Directions:

- Write the type of each sentence next to it: Declarative, Exclamatory, Imperative, or Interrogative.
- 1. What time are we meeting at the park?
- 2. Please close the window before you leave.
- 3. I cannot believe we won the championship!
- 4. The sun sets later in the summer.
- 5. Watch out for that icy patch!
- 6. Did you finish your homework last night?
- 7. My grandmother bakes the best cookies.
- 8. The orchestra played an amazing concert.

Exercise 2: Identify Subject and Predicate Directions:

- Underline the subject.
- Circle the predicate.
- 1. The playful puppies chased the butterflies.
- 2. In the morning, the birds sing loudly.
- 3. My best friend and I ride our bikes to school.
- 4. The giant oak tree towers over the playground.
- 5. Mr. Johnson teaches math at our school.
- 6. After dinner, we watched a funny movie.
- 7. Sarah and her brother cleaned their messy room.
- 8. Close the door quietly when you leave.

SUBJECT - PUNJABI

ਵਿਸ਼ਾ - ਪੰਜਾਬੀ

ਛੁੱਟੀਆਂ ਦਾ ਸਾਰਾ ਕੰਮ ਏ -4 ਸ਼ੀਟ ਉੱਤੇ ਕਰੋ ਅਤੇ ਇੱਕ ਸੁੰਦਰ ਫੋਲਡਰ ਤਿਆਰ ਕਰ ਕੇ ਸ਼ੀਟਾਂ ਉਸ ਵਿੱਚ ਲਗਾਓ : 1- ਮਹਾਵਰੇ ਓ ਤੋਂ ਣ ਤੱਕ ਲਿਖੋ

- 1- ਸੁਹਾਵਰ ਓ ਤੋਂ ਟ ਤੱਕ ।ਲੱਖ| 2- ਕੋਈ ਵੀ 5 ਚਿੱਤਰ ਚਿਪਕਾ ਕੇ ਉਸ ਬਾਰੇ 10 ਲਾਇਨ ਲਿਖੋ|
- 2- ਕੋਈ ਵੀ ਪੰਜਾਬ ਦੀ ਪੰਜ ਖੇਡਾਂ ਦੀ ਤਸਵੀਰਾਂ ਚਿਪਕਾਓ 'ਤੇ ਉਸ ਬਾਰੇ ਲਿਖੋ।

4-ਪ੍ਰੋਜੈਕਟ : ਆਪਣੇ ਅਨੁਭਵ ਅਤੇ ਵਿਚਾਰਾਂ ਦੁਆਰਾ ਚਿੱਤਰ ਜਾਂ ਤਸਵੀਰ ਦੇ ਅਧਾਰ ਤੇ ਕੋਈ ਵੀ 5 ਵਿਗਿਆਪਨ ਬਣਾਓ।

- 5- ਪਾਠ-ਪਸਤਕ ਵਿੱਚੋ ਪਹਿਲੇ ਪੰਜ ਪਾਠਾਂ ਦੇ ਔਖੇ ਸ਼ਬਦਾਂ ਦੇ ਅਰਥ ਲਿਖੋ।
- 6- ਸਿੱਕਿਮ ਦੇ ਲੋਕ -ਨਾਚ ਅਤੇ ਪਹਿਰਾਵੇ ਉਤੇ ਪੋਜੈਕਟ ਤਿਆਰ ਕਰੋ।

SUBJECT - HINDI

- (1) स्व रचित कविता (चित्र सहित)लिखिए (कोई दो) ।
- (2) पोस्टर बनाएं
- * जल ही जीवन है
- * मातृभाषा हिंदी
- * प्लास्टिक को न कहें
- * पटाखों को ना कहें
- * पर्यावरण का बचाव आदि।
- (3) सिक्किम की संस्कृति खानपान, रहन-सहन पर A4 सीट पर परियोजना कार्य करें।
- (4) प्रेरणादायक फिल्म देखकर उसके विषय में लिखें (कोई दो)
- (5) पढ़ाए गए पाठों के मस्तिष्क मानचित्र बनाएं
- (6) प्रतिदिन हिंदी समाचार पत्र पढ़िए।

SUBJECT - MATHS

- 1. Do multiple choice questions from chapter- 1, 2 and 3 (10 each chapter) & all examples of chapter-1, 2 & 3 (In separate notebook).
- 2. Watch a Maths based animated Movie: 30 Superstar and write a short review.

(In separate notebook)

3. Prepare a chart on the given topic as your Roll No. (A3 size pastel sheet)

ROLL NO	ΤΟΡΙϹ
1-10	Examination Tips
11-20	Teacher's Day
21-28	Guru Ram Das Ji the 4 th Nanak Jyot

4. Draw a pie chart on the linguistic division of the state of Sikkim. Representing different

languages spoken in the region. (To be done in the activity file)

5. To learn the multiplication of a whole number with a fraction.

(Lab Manual page no -7) To be done in the activity file

6. To collect the data, tabulate it and represent it in the form of bar graph and draw

inferences from it. (Lab Manual page no -9) **To be done in the activity file** Note:

- * You may submit the homework in a neat project file with an attractive cover.
- * Do not use Maths notebook for doing holiday homework.
- * Write your name, class and section on the cover page.
- * Date of submission: 2nd July, 2025.

SUBJECT - SCIENCE

Note : Do science Holiday home work on A4 size sheets and put these sheets in handmade folder .

- 1. Collect some leaves of various colours from different plants and observe stomata through a
 - magnifying glass. Paste those leaves on your A4 size sheet and write few lines about that plant.

https://youtu.be/BW4yoGSf9qU?si=H5gRX488DAnWfsy5

2. You can prepare a card for your mother for her birthday. Apply turmeric paste on a sheet of plane white paper and dry it. Draw a beautiful flower with soap solution with the help of a cotton bud. You will get a beautiful greeting card. Watch below link for better understanding. https://www.youtube.com/watch?v=KkAsUpvkvTo

3. Under the observation of your parents measure the temperature of your family members with clinical thermometer note down their temperature and compare it with the normal human body temperature. Draw the well labelled diagram of Clinical thermometer.

https://youtu.be/Oqb-Oh1nVq0?si=MxC2R2rsruZ_ep5l

4. Watch the link given below and make a wall hanging depicting the Flora and Fauna of Sikkim.

https://youtu.be/rEtFaaSA7Yk?si=Hct8z7mLDbRjgnXs

5. Watch Ch-2 Motion and Time from the below link and create flow chart of this chapter.

https://youtu.be/Tx0nvvWG9e8?si=aG4GxgGTZSx8qDQG

SUBJECT- SOCIAL SCIENCE

4THW EEK OF MAY

Activity -1

Make a model on any one topic

- Volcanic eruption page (G- 13)
- Latitudes effecting temperature page (G-27)
- The layers of the earth page (G 06)

1&2 WEEK OF JUNE

Activity -2 &3

• Make a poster on "The Beauty of Sikkim" (heritage, monuments, tourism).

3&4 WEEK OF JUNE

Activity -3 Make a project on the Tribe of your state DELHI.

https://youtube.com/shorts/Nm2ugqSchPo?si=ksxE3tlMnkXkaXFn

SUBJECT-DIVINITY

Q.1 Draw or craft a big value tree on chart paper. Each leaf should contain a moral value like: Respect, Honesty, Sharing, Forgiveness, patience Gratitude. Decorate with bright colors or recycled material.

Q.2 Learn by heart 10 pauries (stanzas) of Japji Sahib.

Q.3 Illustrate any3 stories from the life of ten gurus with colorful drawings and the value you learned in a notebook.

Q.4 Make a colorful poster of Mool Mantra with meaning.

Q.5 Learn Ardas.

Q.6 Write an essay on the importance of prayer.

SUBJECT-COMPUTER

1. Research and Create:

• Roll No.(1-14) : "Number system chart": Create a chart on A3 sheet comparing decimal, binary, octal, and hexadecimal number systems.

- Roll No.(15-29) : "Design a binary clock": Create a visual representation of a "Binary Clock" on A3 sheet.
- 2. The following Questions are to be answered in a Computer notebook.
- Convert the following Decimal numbers to their Binary equivalents:
- a) 15 b) 136 c) 24 d) 532 e) 114 f) 568 g) 462
- Convert the following Binary numbers to their Decimal equivalents:
- a) 1111 b) 100001 c) 1110101 d) 0101001 e) 110011001 f) 1110110 g) 1001010001
- 3. Health and Fitness: Create a fitness video showcasing your favourite exercises or workout routine.

SUBJECT-GK

Current Affairs Scrapbook

Q.1 Collect and paste at least 2 news articles each week under the following categories:

- a) National news
- b) International news
- c) Sports news

Q.2 Make a colorful poster on water conservation with a message.

Q.3 Write fascinating different animal facts in a separate notebook

Q.4 Write at least the names of 20 countries and their currencies in a notebook.

Q.5 Write a short paragraph on the harms of plastic wastes. List three ways individuals can reduce plastic waste in daily life.

SUBJECT- MUSIC

- Activity 1 Listen to any School shabad and write their notation on an A4 sheet.
- Activity 2 Write about the Folk instruments used in Sikkim and paste their pictures on an A4 sheet.
- Activity 3 Make a 3D model of Pakahawaj instrument.
- Activity 4 Write Anand Sahib path in your notebook with its notation.

SUBJECT-ART

Activity 1st

*complete first 7 pages in your art book

Activity 2nd: Create your own artwork inspired by the style and elements of Thangka paintings. You can simplify the design but try to incorporate the use of vibrant colors, symbolic figures (even if you create your own), and a central focus.

Materials: Canvas or thick paper, paints (acrylic or poster colors work well), thin brushes for details, pencil for sketching. You can also use gold or silver paint for highlights if available.

Activity 3rd : • Shape the air-dry clay into a form of your choice (e.g., a small animal, a bowl, a decorative tile). Once it's dry, you can paint it with acrylic paints or decorate it with markers.

SUBJECT - GAMES

Posture on yoga pose Size A3

10mins Skipping Daily 10mins push ups. 10mins Sprints Daily 40mins Team Game

Two minutes video on Pet Game.

Para 200words on Pet Game. Fitness tests(Google it)